

*** Children & Families Assistance Programs**

Atlantic St. Family & Youth Center 206-329-2050
www.atlanticstreet.org
 Baby Boutique 206-902-4270
 Boys And Girls Club King C. 425-827-0132
 Boys and Girls Sno. County 425-258-2436
www.positiveplace.org
 Big Brothers and Sisters King 206-763-9060
<http://www.bbs.org> Sno County 425-252-2227
 Catholic Community Services 206-328-5097
 Central Youth and Family Services 206-322-7676
 DSHS Child Support Division 1-800-526-8658
<http://www.dshs.wa.gov/dcs/index.shtml>
 Friends of Youth Redmond 425-869-6490
 Family Center (N. Seattle) Info and Help
 (Muslim sisters group also) 206-364-8059
 Family Works 206-694-6727
www.familyworksseattle.org
 Family Services Eastside 425-453-7890
www.family-services.org 206-826-3050
 Multi Service Center 253-838-6810
 Parent Help <http://parenthelp123.org/>
 Solid Ground www.solid-ground.org 206-694-6700
 W.I.C www.doh.wa.gov/cfh/WIC 1-800-322-2588
 Youth Care www.youthcare.org 1-800-495-7802
*** Community Services Assistance**
 Call **211** for any information you may need
 American Friends Service Committee 206-632-0500
<http://www.afsc.org>
 Church Council of Greater Seattle 206-525-1213
<http://thechurchcouncil.org/>
 Congregations for the Homeless 425-749-8369
 Hope-link <http://www.hope-link.org/>
 Admin 425-869-6000
 Bellevue 425-943-7555 / North 425-485-6521
 KITH (Eastside) 425-576-9531
 Salvation Army (North) 425-259-8129
www.thesalvationarmy.org Seattle 206-447-9944
 Solid Ground (FPA) 206-694-6700
 St Vincent De Paul (North) 425-355-3504
 Seattle 206-767-6449
 Volunteers of America (North) 425-259-3192
www.voaww.org King 206-464-1570
 Washington Women in Need 425-451-8838
<http://www.wawomeninneed.org/>

Mosques in the Seattle Area

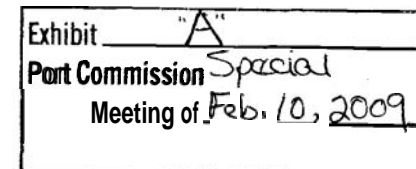
* owntc Muslim Association
www.dmaseattle.com
206- 723-7491
 * IECS-Ershad <http://ershad.org>
425-776-0708
 * Islamic Center of the Eastside
www.bellevuemosque.com
425-746-0398
 * Islamic Center of Everett
425-355-3362
 * IMAN Islamic Center www.iman-wa.org
206-202-IMAN (4626)
 * Islamic Center of Kent
<http://www.ickent.com>
253-850-2260
 * Islamic Center Olympia-Lacey
360-438-3570
 * Islamic Center of Redmond
<http://redmondmosque.org/>
 * Islamic Center of Shoreline
206-365-3350
 * Islamic Center of Tacoma
253-565-0314
 * International Islamic House MSA
www.islamichouse.org
 * Sheikh Abdul Kadir Idris Mosque
www.idrismosque.com
206-363-3013
 * Masiid Ar Rahmah
<http://mapsredmond.org/>
 * Masiid Dar Al-Arqam
www.daralarqam.org
425-774-8852
 * Omar Al-Farooq Masiid
425-776-6162
 * Zainab Center www.zainab.org
425-776-3013

Emergency Resource Guide
 for Muslims in the Seattle Area

* Community Resources & Assistance *
 call **211** from land line for immediate assistance
 <All individuals seeking resources for help>
 This resource guide will help you in your search
 for information when seeking housing, medical and
 dental clinics, family aid, or general assistance.

* Community Services Help & Info
 Emergency Crisis call **911** | Information call **211**
 King County Information Lines 206-461-3200
 1-800-621-INFO / 1-800-621-4636
 Pierce County United Way Help Line
 1-800-572-4357 / 253-572-4357
 Snohomish County Info line
 425-258-4227 / 1-800-223-8145
 *food banks, housing assistance, aid
 King County Crisis Clinic
www.crisisclinic.org 206-461-3222
 1-866-4CRISIS / 866-427-4747
 Pierce County Crisis Line
 253-798-4333 / 1-800-576-7764
 Snohomish County Crisis Line
 425-258-4357 / 1-800-584-3578

* Muslim Services
 Al-Shifa free health clinic <http://alshifaclinic.org>
 Bait ul Mal www.baitulmal.org 800-796-2695
 CAIR-Seattle 206-367-4081
 Islamic Community Information 206-675-2672
 IMAN food bank: 206-202-4626
 NW Muslims info: <http://www.nwmuslims.com/>
 Muslim Housing Services (transitional)
www.MHS-Home.org 206-723-1712
 Muslim Family and Children's Services (MFCS)
 Rizwan Samad 206-527-3579 / 206-940-5587
 Sisters of Sunnah offers array of Services
 Sr Asma / Tacoma call: 253-389-0830



*** Islamic Presentation Centers**

www.ipicseattle.org (IPIC) 206-361-8899

Why Islam <http://whvislam.org> 1-877-why-islam

*** Civil Rights and or Muslim Organizations**

ACLU www.aclu-wa.org 206-624-2184

Arab American www.theaacc.org 206-634-9001

Asian & Islander Family Center 206-467-9976

Bosnian Islamic Center Shoreline 206-365-3350

CAIR-Seattle www.cair-seattle.org 206-367-4081

CHAYA www.chavaseattle.org 1-877-92-CHAYA

Ethiopian Muslim Assoc (EMAS) 206-835-5144

Gambian 4204 Rainier Ave 206-721-3542

Horn of Africa www.hoas.org 206-760-0550

ICC Interfaith Church 206-783-1618

Institute for Sufi Studies 206-954-5546

Iraqi Community Center 206-937-7680

Islamic School Seattle 206-329-5735

King County Office Civil Rights 206-296-7592

One America (previously Hate Free Zone)

www.weareoneamerica.com 206-723-2203

<http://www.pakistanseattle.com/> 425-868-6695

<http://www.povertyaction.org/Home/index.cfm>

Refugee Federation Services 206-725-9181

REWA Refugee Women's Allia. 206-721-0243

Seattle Office of Civil Rights 206-684-4500

Solid Ground (FPA) 206-694-6700

<http://www.solid-ground.org/>

Somali Community Service 2061760-1185

Urban League 206-461-3792

Veterans WA St 1-800-562-2308/ 206-220-6145

Financial Assistance call 211 \$\$\$ Assistance

CAMP www.campseattle.org 206-812-4940

Hope-link 425-943-7555/ 425-869-6027

<http://www.hope-link.org/>

Multi-Service Center 253-838-6810

Project Share 206-684-0268

Salvation Army (Shelter also) 206-447-9944

Solid Ground (FPA) 206-694-6700

St Vincent De Paul 206-767-6449

* **Food Banks** call 211 or 206-461-3200

NW Harvest 1-800-722-6924

DSHS Basic food help www1.dshs.wa.gov

*** Volunteer Opportunities**

<http://www.volunteersolutions.org/uwkc/volunteer>

*volunteering often leads to a job opportunity

*** Domestic Violence Assistance** call 211

Child / Adult Abuse 1- 866-363-(ENDHARM)

Child Protective Services 1-800-562-5624

Center For Battered Women 425-252-2873

<http://www.snococbw.org/services.htm>

Crisis Clinic 206-461-3222 / 1-866-427-4747

www.crisisclinic.org

Communities Against Rape & Abuse (CARA)

www.cara-seattle.org 206-322-4856

D.A.W.N. Crisis Help 425-656-7867

<http://www.dawnonline.org/>

DV Hotline Washington State 1-800-562-6025

Eastside Domestic Violence 1-800-827-8840

New Beginings 206- 522-9472

Pathways for Women counsel 425-774-9843

South County YWCA (daytime / weekdays)

Ask for Arabic Counselor 425-226-1266#1017

*** Dental Clinics Low Income**

Central Area Clinic 206-461-7801

Georgetown Clinic 206-461-6943

Columbia Dental Clinic 206-296-4625

Downtown Dental Clinic 206-205-0577

Eastgate Dental Clinic 206-296-9726

45th Street Clinic 206-633-3350

N Public Dental Clinic 206-205-8580

*** Eye Exams Low Income**

Eye Association NW 206-215-2020

Lion's Low Vision Clinic 425-558-4228

Millionaires Club 206-728-5627

* Optometric Clinical Center 206 325-1100

*** Health Care Clinics & Providers Low Income**

Al-Shifa free clinic(2sites) <http://alshifaclinic.org/>

Angeline's Day Shelter 206-436-8650

Children's Hospital 206-987-2000

Community Health Access 206-284-5291

Community Health Care (CHC Clinics)

www.chpw.org 1-800-440-1561

CSO (DSHS) Med assistance \$\$\$

nacsc@dshs.wa.gov 1-800-562-3022

45th Street Clinic 206-633-3350

Harborview 3rd Ave Clinic 206-521-1231

Hopelink (Clinic) Sat 9 AM 425-943-7555

International Com.Health Ser. 206-461-3617

Odessa Clinic (children) 206-987-7200

Overlake Outpatient 425-688-5111

Pioneer Square Clinic 206-521-1750

Women's Health Breast And Cervical

206-284-5291 /1-800-756-5437

*above clinics generally accept medical coupons (DSHS) or % of your income / & Public Health Dis

*** Housing Emergencv Shelters (Homeless)**

For information call 211 or 1-800-621-4636

DESC 206-464-1570

Host Families CCS Program 425-284 2211

Seattle (CCS) 206-323-6336

Sacred Heart (Women and ch) 206-285-7489

Salvation Army (Men) 206-621-0145

Transitional Assistance Program 206-315-2996

Women's Referral Center (6-8PM) 206-770-0156

YMCA (men) 206-382-5003

YWCA wo & ch 206-568-7841/ EH 206-461-3660

<http://www.ywcaworks.org/page/12/>

*** Housing Transitional**

Catholic Community Services 206-448-3360

www.ccsww.org (AHA)

Hope-link (Eastside help) 425-454-7022

<http://www.hope-link.org/> (emer) 206-292-8037

Pathways for Women 425-774-9843

*** Permanent Housing Low Income 2 yr rental history**

Capital Hill Housing (CHHIP) 206-329-7303

Everett Housing Authority 425-258-9222

www.evha.org Sno Co Hous 425-290-8499

Housing Resource Group 206-622-2893

King County Housing (section 8 vouchers)

www.kcha.org 206-214-1300

Low Income Housing Alliance 206-442-9455

Low Income Housing Institute 206-443-9935

Pierce County Housing Authority 253-620-5400

www.pchawa.org

Renton Housing Authority 425-226-1850

www.rentonhousing.org

SAHG <http://www.sahg.org> 425-746-1699

Seattle Housing Authority 206-239-1600

www.seattlehousing.org

Tacoma Housing <http://www.tacomahousing.org/>

*** Public Transportation** www.metrokc.gov

CommunityTransit 425-353-RIDE/1-800-562-1375

Metro 206-553-3000/1-800-542-7876

Pierce Co.Transit 253-581-8000 /1-800-562-8109

Sound Transit 1-888-889-6368